

## Goat Cheese Stuffed Chicken Breast

### Ingredients:

Goat Cheese, Soft, 2 oz

Pepper, black pinch

Dill, fresh, 3 sprigs

Thyme, fresh, pinch

Rosemary, pinch

Chicken Breast, no skin



### Directions

Slice open Chicken breast and pepper both sides of Chicken. (May lightly salt if desired, Goat Cheese contains salt). Mix Goats Cheese, thyme , dill and rosemary together and spread onto middle of Chicken. Fold chicken in half and press closed. Grill until chicken is done.

Carbs: 1.5g | Fat: 7.5g | Fiber: 0.5g | Protein: 31.6g | Calories: 205.8