

## Yogurt Tuna Salad filled Lettuce Leaves

### Ingredients

- 1 can of tuna
- ¼ cup celery
- 3 tbsp chopped onion
- 1 chopped dill pickle
- 2-3 tbsp plain lowfat yogurt
- ¼ chopped red pepper
- Salt and pepper to taste



### Method

Mix the first four ingredients together in a bowl. Drizzle over yogurt until mixture is well covered. Sprinkle with salt, pepper and chopped red peppers and serve on lettuce leaves.